



2010 EDUCATIONAL SERIES PRESENTS

Friday, August 13, 2010

8:30 a.m. - 4:30 p.m.

Childhelp, 2346 N. Central Avenue, Phoenix, AZ 85004

Presented by:

Ana M. Gomez, MC, LPC

“EMDR and Play Therapy with Children”

This one-day specialty workshop will provide step by step strategies that will assist clinicians in following the EMDR principles and procedures while incorporating play and play therapy strategies. Participants will be able to develop the skills and strategies that are necessary for case conceptualization and the implementation of the standard EMDR protocol with children.

Ana M. Gomez, MC, LPC - Ana M Gomez, MC, LPC is a psychotherapist in private practice in Phoenix, Arizona. She works with children and families affected by trauma. Ana speaks nationally and internationally on the topics of complex trauma, attachment, dissociation and the use of EMDR with children and adolescents. Ana has served as a practicum supervisor at the Educational Psychology Department at Northern Arizona University. She has been a presenter on several occasions at the EMDRIA conference and she was an invited preconference speaker at the 2008 EMDRIA conference. Ana is an EMDRIA approved consultant. She is a facilitator for the EMDR Institute, a specialty presenter on EMDR with children and an EMDR-HAP trainer. Ana is the author of *“Dark, Bad Day...Go Away,”* a book for children about trauma and EMDR. In addition, Ana is the creator of *“The Thoughts Kit for Kids,”* which is part of a series of games and tools designed to make EMDR treatment developmentally appropriate for children. In addition, Ana has written two EMDR protocols for children that are included in the book *“EMDR Scripted Protocols: Special Populations,”* edited by Dr. Marilyn Luber.

FIVE LEARNING OBJECTIVES FOR THE PLAY THERAPIST:

This workshop will provide strategies to assist clinicians in effectively implementing the eight phases of the EMDR protocol with children while using children’s native language: play.

1. Clinicians will be able to develop case conceptualization skills and treatment plans based on the Adaptive Information Processing model (AIP).
2. An overview of the AIP model and regulation theory in combination with the latest research on play and brain development will be presented. How play keeps the social engagement system active and how it can facilitate the processing of traumatic material will be addressed.
3. How to identify targets using playful and developmentally appropriate float back and mapping strategies will be demonstrated.
4. How to effectively prepare children for EMDR treatment will be presented. This includes playful resources for stabilization and affect regulation.
5. This workshop will describe the skill building model and the use of EMDR games with children to facilitate the administration of the EMDR standard protocol. Emphasis will be placed on the importance of having children play with the different components of the EMDR protocol prior to moving into the assessment and desensitization phases. Strategies to helping children develop cognitive, emotional and sensory literacy so they can access the cognitive, affective, and somatic aspects of the trauma memories will be addressed. Video clips of sessions will provide a very concrete and tangible experience.

Prerequisite: Level 1 EMDR - NOTE: There are no APT CEU’s available for this class.

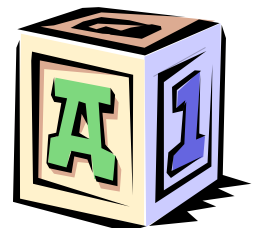
Pre-registration is encouraged for this presentation. Complete the enclosed *Pre-Registration* form and mail with check or money order to AZAPT, PMB 199, 3851 E. Thunderbird Road, #111, Phoenix, AZ 85032 - *Deadline to pre-register is August 9, 2010.*

All are welcome!

*****Registration at the door at 7:45 a.m. - Doors will be closed at 8:45 a.m. sharp!*****

BRING YOUR MEMBERSHIP CARD TO BE PUNCHED!

Bring your brochures and business cards to network!



AZAPT 2010 Educational Series Presents:

“EMDR and Play Therapy with Children”

Ana M. Gomez, MC, LPC

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Arizona Branch of the Association for Play Therapy
www.azapt.org

AZ APT
PMB 199
3851 E. Thunderbird Road #111
Phoenix, AZ 85032

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www.azapt.org

2010 Educational Series

Childhelp

2346 N. Central Avenue, Phoenix, AZ 85004

Call AZAPT at 602-279-0905 for more information

AZAPT August 13, 2010 Friday Educational Series Pre-Registration

Name: _____

Mailing address: _____

City: _____ **State:** _____ **Zip:** _____

Email: _____ **Work #:** _____

Home #: _____ **Cell#:** _____

Agency: _____

To register:

Mail this registration form with check/money order to:

AZAPT
Attn: Friday Education and Training Series
PMB 199
3851 E. Thunderbird Road #111
Phoenix, AZ 85032

VIA FAX (for CC payment): 602-494-1826

**Cancellations will be refunded, less a \$25 administration fee, up to 48 hours before the event.
Cancellations less than 48 hours will not be refunded.**

COST:

Pre-Registration: _____ \$120.00 AZAPT/APT Member _____ \$140.00 Non-Member

At the Door: _____ \$140.00 AZAPT/APT Member _____ \$160.00 Non-Member

Deadline to pre-register is Monday, August 9, 2010.

PAYMENT INFORMATION (Check one):

___ Check/ money order enclosed (*payable to AZAPT*)

___ Credit card payment (VISA, MasterCard, American Express)

Name on Card: _____

Card Number: _____

Expiration Date: _____ V Code: _____ (*3 digits MC/VISA; 4 digits AMEX*)

Signature: _____